

HOW do you access this service?

People suitable for this service:

Persons with a new diagnosis of dementia in the past six months

Route of referral:

Letter of referral from inpatient and outpatient services in St. James's Hospital and Our Lady's Hospice and Care Services, Harold's Cross

For more details, contact:

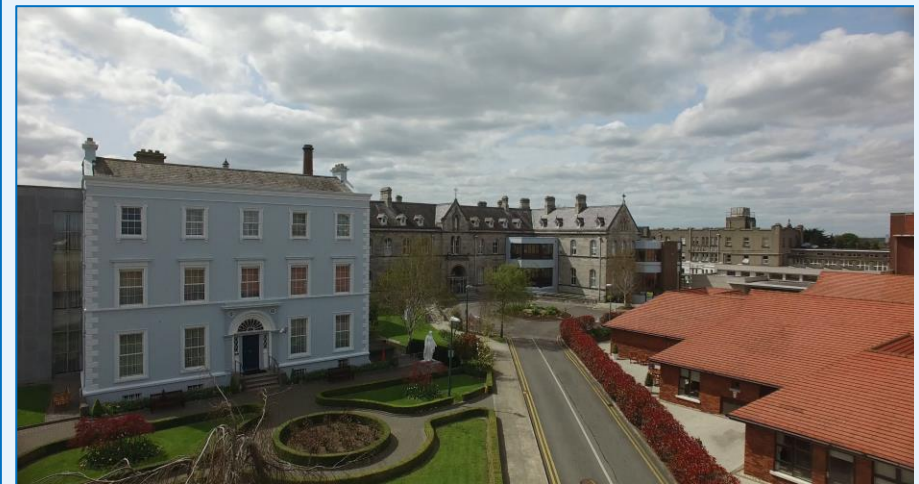
Christine Dalton

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COMMUNITY REHABILITATION UNIT

DEMENTIA SUPPORT SERVICE

At Our Lady's Hospice & Care Services



A Post- Diagnostic Support Service for
People with Dementia
Led by
ANP Christine Dalton

WHO is it for?

To support a person and their family / friends in the year following a new diagnosis of Dementia through a nurse-led service.

WHAT do we do?

- Provide emotional and practical support with understanding of the illness and symptoms
- Answer questions about the new diagnosis, new medication
- Help to manage issues that arise following diagnosis, e.g. driving guidance
- Signposting to places where support / activities are available, e.g. Alzheimer's society, ALONE, Dementia cafes, Medical Social Work, Public Health Nurse, Medical Teams, GP, OT
- Person Centred Planning – Advance care decision, Enduring Power of Attorney
- Support carers

HOW do we do this / WHAT will you get?

- Meet with the person and their chosen family member / friend three times during the year post-diagnosis
- Offer phone-support during a designated time each week
- Offer practical solutions to manage issues such as incontinence, skin care and coping with irritability/personality changes
- Provide a non-judgmental space where carers can express and discuss the day-to-day struggles and difficulties faced when caring for someone with Dementia
- Reassure and validate the work they are doing
- Provide Carers with feedback forms, so they can inform decision makes on what is needed to continue to support them to manage at home for as long as possible

WHAT can you expect?

- On arrival, they will be met by a member of staff on site in Our Lady's Hospice and Care Services, Harolds Cross and checked in for their appointment
- They will meet with the Advanced Nurse Practitioner at each appointment and other members of the multi-disciplinary team as required.
- In the event of restrictions being placed on OPD visits, a virtual clinic appointment will be offered
- As COVID-19 restrictions allow, group sessions to offer peer support may be planned for the future

DO you like how this sounds?

Please turn over to find out more!

