

The leaflet in the package says that you should not take Oramorph® if you have breathing problems.

There is only a potential problem if you take very large doses to treat pain. This should not occur in the low doses that we are using to treat breathlessness.

Any Additional Information:

Do you have any questions for your doctor, nurse or pharmacist? (Write them here)

Oramorph® for Breathlessness

Information Leaflet for Patients

Addressograph

Discussed with (Healthcare Professional) _____

This leaflet provides you with general information about why you are taking Oramorph® for breathlessness, how it should be taken and things to be aware of when taking it. You should also speak to your own doctor, nurse or pharmacist about this medicine.

About Oramorph®

Oramorph® is liquid morphine. It is available in two different strengths. The strength commonly used for breathlessness is Oramorph® 10mg/5mls. Each 5mls contains 10mg of morphine. It is commonly used to treat moderate to severe pain. There is also information showing that Oramorph® is effective for treating breathlessness and is safe for you to take. Oramorph® should make breathing feel easier. You may feel more relaxed too. If you feel that there is no improvement in your breathing please tell your doctor. Oramorph® does not work for everyone.



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Information Service



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How should I take this medicine?

Oramorph[®] can be prescribed in different ways to treat breathlessness. Oramorph[®] should work within 30 minutes.

- Regularly
- As needed
- Before activities that may cause breathlessness

**The dose of Oramorph[®] prescribed for you is _____mg.
This measures _____mls when using Oramorph[®] 10mg/5ml.**

Do not take more than _____ doses in 24 hours.

The directions for use of Oramorph[®] may change depending on your response to it.

Instructions

Instructions (2nd Visit)

Instructions (3rd Visit)

Are there any side effects from taking Oramorph[®] for breathlessness?

Yes, but only some patients suffer from side-effects. Common side-effects include;

- Nausea
- Constipation
- Dry mouth
- Sleepiness
- Itch

If you are concerned about any possible side-effects please discuss it with your doctor, nurse or pharmacist.

Other warnings:

- Keep out of the reach of children.
- Oramorph[®] 10mg/5mls should be used within 90 days of opening.
- Return any unused Oramorph[®] to your pharmacist.

Other Information

Can I drive when I am taking Oramorph[®]?

You may be able to drive but you must discuss this with your prescriber.

Can I drink alcohol?

You may have a small glass of wine, beer, sherry or whisky. However, it is best to avoid taking more than this as you may become too drowsy.

Can I become addicted to morphine?

The small dose of morphine used to treat breathlessness should not cause addiction. Oramorph[®] can be safely stopped by reducing the dose gradually.

I thought morphine was only used when patients are at the end-of-life.

No. Morphine is used to treat severe pain at any stage of life. Morphine can be prescribed safely for other reasons including treating breathlessness.