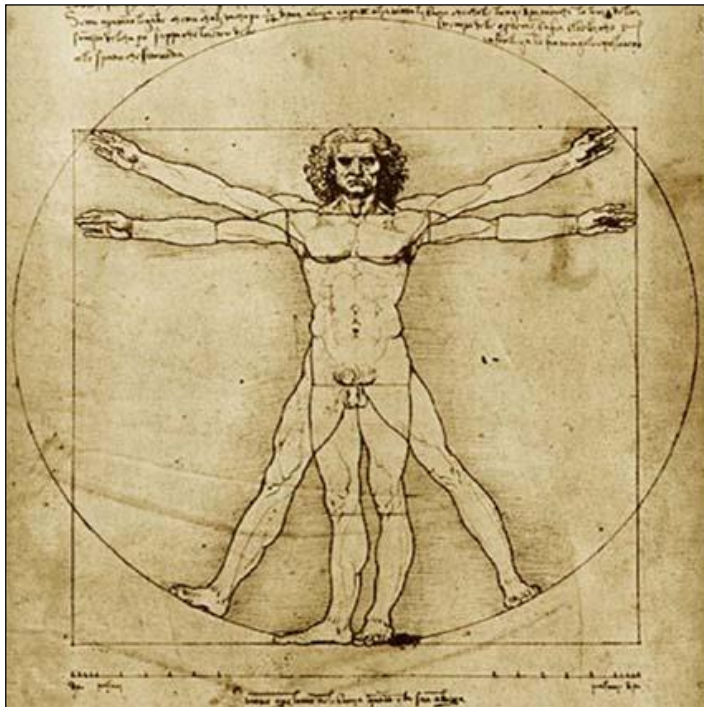


5th Dublin Advanced Pain & Symptom Management Course



**1st- 2nd December 2025 – Hilton Dublin, Charlemont Place,
Dublin, D02 A893**



Guildford Advanced Courses



**Our
Lady's
Hospice
& Care
Services**

**Harold's Cross
Blackrock
Wicklow**
Respite Rehabilitation Reassurance

Background

David Sackett and colleagues have stated that “the practice of evidence-based medicine means integrating individual clinical expertise with the best available external clinical evidence from systematic research”. In many instances, there is a lack of strong evidence to support the therapeutic interventions utilised within Palliative Care / Medicine. However, the amount of evidence has significantly increased, and the quality of evidence has also significantly increased, over the last few years. Nevertheless, clinical practice continues to be influenced more by historical anecdote than by contemporary evidence.

The aim of this 2-day advanced course is to provide delegates with an up-to-date, evidence-based review of the management of pain and other common symptoms / problems. The topics have been chosen because of their impact on the patients’ quality of life, and the lecturers chosen because of their knowledge of the subject matter. The lectures will be supplemented with relevant reading materials, including slide presentations, and a detailed reference / reading list.

The course has been developed to address the educational needs of CNSs in Palliative Care, Specialty Trainees in Palliative Medicine (particularly those about to undertake the SCE in Palliative Medicine), and Consultants in Palliative Medicine. The course organizers are Prof Andrew Davies (Professor of Palliative Medicine, Dublin), and Dr Andrew Dickman (Consultant Pharmacist, Liverpool). The course is equivalent to the Guildford Advanced Courses in the United Kingdom.

The course is sponsored by pharmaceutical / other companies, which may be present on the day with exhibition stands

Programme Day 1

09.30-09.40: Chairman's introduction

09.40-10.20: Acute pain to chronic pain: chalk and cheese
Tony Dickenson

10.20-11.00: "Weak opioids"
Andrew Dickman

COFFEE BREAK

11.00-11.30

11.30-12.10: Opioid-induced hyperalgesia/narcotic bowel syndrome
Andrew Davies

12.10-12.50: Opioid antagonists
Jason Boland

LUNCH

12.50-13.50

13.50-14.30: Opioid Use Disorder
Tom Steele

14.30-15.10: Pharmacology at the end-of-life
Andrew Dickman

COFFEE BREAK

15.10-15.40

15.40-16.20: What else is new?
Andrew Davies / Andrew Dickman

16.20-17.00: Pain in cancer survivors
Paul Farquhar-Smith

17.00-18.00: Reception (networking)

Programme Day 2

09.30-09.40: Chairman's introduction

09.40-10.20: Opioids for breathlessness
Amy Taylor

10.20-11.00: Other interventions for breathlessness
Matthew Maddocks

COFFEE BREAK *11.00-11.30*

11.30-12.10: Sleep disturbance
Shauna Munir

12.10-12.50: "Hypnotics" or not?
Andrew Davies

LUNCH *12.50-13.50*

13.50-14.30: Pruritus
Paul Paes

14.30-15.10: Pressure ulcers / malignant wounds: a practical approach
Jo Thompson

COFFEE BREAK *15.10-15.40*

15.40-16.20: Diarrhoea
Michael Lucey

16.20-17.00: Assisted dying: current situation
Luc Deliens

Lecturers

Prof Andrew Davies

Professor of Palliative Medicine, Trinity College Dublin/University College Dublin/Our Lady's Hospice & Care Services, Dublin

Dr Andrew Dickman

Consultant Pharmacist, Royal Liverpool Hospital, Liverpool

Prof Jason Boland

Professor and Honorary Consultant in Palliative Medicine, Hull York Medical School

Prof Luc Deliens

Professor Emeritus of Palliative Care Research, Vrije Universiteit Brussel & Ghent University, Belgium

Prof Tony Dickenson

Professor of Neuropharmacology, University College, London

Dr Paul Farquhar-Smith

Consultant in Pain and Anaesthetics, Royal Marsden Hospital, London

Dr Michael Lucey

Consultant in Palliative Medicine, Milford Care Centre, Limerick

Prof Matthew Maddocks

Professor of Health Services Research & Rehabilitation, King's College, London

Ms Shauna Munir

Advanced Nurse Practitioner in Palliative Care, Our Lady's Hospice & Care Services, Dublin

Prof Paul Paes

Director of Medical Studies / Professor of Education & Palliative Care, Newcastle University

Dr Tom Steele

Consultant in Palliative Medicine, University Hospitals of Liverpool Group.

Dr Amy Taylor

Clinical Lecturer in Palliative Medicine, Trinity College Dublin

Ms Jo Thompson

Nurse Consultant in Supportive & Palliative Care, Royal Surrey County Hospital, Guildford

Further Information

Registration fee

- ❖ Early bird rate: €475 (until 31st July 2025)
- ❖ Standard rate: €525
- ❖ 4 for 3 offer available on request

The registration fee includes all refreshments, and access to course materials (lectures, reading / reference list).

Cancellations

Cancellations up to 4 weeks before the conference will incur a €25 administration fee: thereafter no refunds will be given, although substitution of delegates will be allowed.

Continuing Professional Development

CPD approval is being sought from the Royal College of Physicians of Ireland and from the Nursing and Midwifery Board Ireland.

Registration

For registration/further information see the course website page:

<https://olh.ie/education-research/product/dublin-advanced-pain-symptom-management-course/>

Alternatively contact: education@olh.ie

Spaces on the course are limited and so early registration is recommended