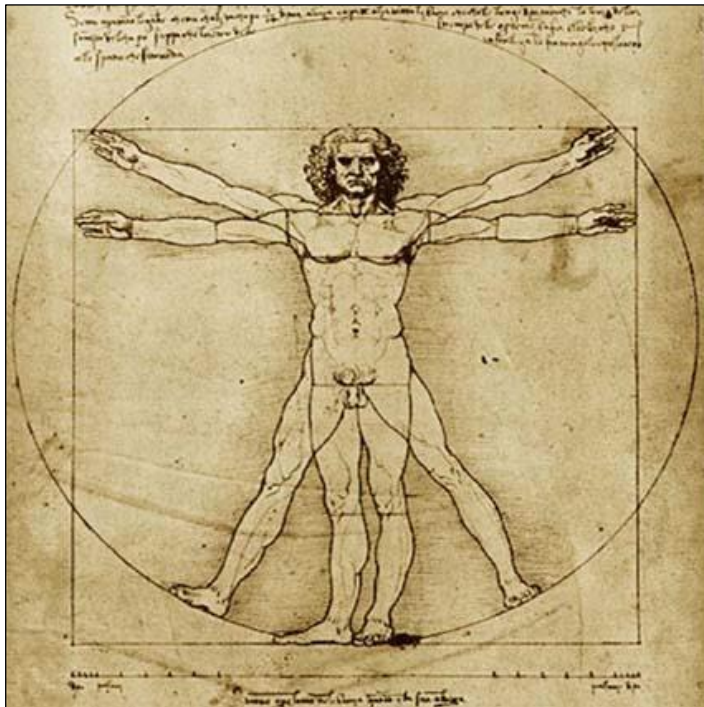


# 4<sup>th</sup> Dublin Advanced Pain & Symptom Management Course



**2<sup>nd</sup>-3<sup>rd</sup> December 2024 – Clayton Hotel, Cardiff Lane,  
Dublin, D02 YT21**



Guildford Advanced Courses



Harold's Cross  
Blackrock  
Wicklow  
Respite Rehabilitation Reassurance

## Background

David Sackett and colleagues have stated that “the practice of evidence-based medicine means integrating individual clinical expertise with the best available external clinical evidence from systematic research”. In many instances, there is a lack of strong evidence to support the therapeutic interventions utilised within Palliative Care / Medicine. However, the amount of evidence has significantly increased, and the quality of evidence has also significantly increased, over the last few years. Nevertheless, clinical practice continues to be influenced more by historical anecdote than by contemporary evidence.

The aim of this 2-day advanced course is to provide delegates with an up-to-date, evidence-based review of the management of pain and other common symptoms / problems. The topics have been chosen because of their impact on the patients’ quality of life, and the lecturers chosen because of their knowledge of the subject matter. The lectures will be supplemented with relevant reading materials, including slide presentations, and a detailed reference / reading list.

The course has been developed to address the educational needs of CNSs in Palliative Care, Specialty Trainees in Palliative Medicine (particularly those about to undertake the SCE in Palliative Medicine), and Consultants in Palliative Medicine. The course organizers are Prof Andrew Davies (Professor of Palliative Medicine, Dublin), and Dr Andrew Dickman (Consultant Pharmacist, Liverpool). The course is equivalent to the Guildford Advanced Courses in the United Kingdom.

**The course is sponsored by pharmaceutical / other companies, which may be present on the day with exhibition stands**

## Programme Day 1

09.30-09.40: Chairman's introduction

09.40-10.20: Pain - much more than nociception  
Riccardo Torta

10.20-11.00: Breakthrough cancer pain  
Andrew Davies

*COFFEE BREAK*      *11.00-11.30*

11.30-12.10: Fentanyl  
Mike Lucey

12.10-12.50: Lidocaine / other local anaesthetics  
Andrew Dickman

*LUNCH*                      *12.50-13.50*

13.50-14.30: Opioid addiction  
Katie Herlinger

14.30-15.10: What else is new?  
Andrew Davies / Andrew Dickman

*COFFEE*                      *15.10-15.40*

15.40-16.20: Medication adherence (or not)  
Jo Thompson

16.20-17.00: When 'the dismal science' meets 'end of life'- economic  
evaluation of palliative care  
Peter May

17.00-18.00: Reception (networking)

## Programme Day 2

09.30-09.40: Chairman's introduction

09.40-10.20: Oncology emergencies  
Sarah Cox

10.20-11.00: Cancer survivorship - what is the role of specialist palliative care?  
Amy Taylor

*COFFEE BREAK*      *11.00-11.30*

11.30-12.10: Anaemia  
Antonia Field-Smith

12.10-12.50: Fever / sweating / hot flushes  
Tony Duffy

*LUNCH*                      *12.50-13.50*

13.50-14.30: Advance care planning - ? worth the paper  
Paul Paes

14.30-15.10: Remote monitoring  
Jenny Power

*COFFEE*                      *15.10-15.40*

15.40-16.20: Phenobarbital / propofol  
Andrew Dickman

16.20-17.00: Good death  
Andrew Davies

## Lecturers

Prof Andrew Davies

Professor of Palliative Medicine, Trinity College Dublin/University College Dublin/Our Lady's Hospice Dublin

Dr Andrew Dickman

Consultant Pharmacist, Royal Liverpool Hospital, Liverpool

Dr Sarah Cox

Consultant in Palliative Medicine, Chelsea & Westminster Hospital, London

Dr Tony Duffy

Consultant in Palliative Medicine, St. Columba's Hospice Care, Edinburgh

Dr Antonia Field-Smith

Consultant Physician – Frailty and Palliative Medicine, Surrey Downs Health & Care Partnership, Epsom

Dr Katie Herlinger

Clinical Research Fellow in Division of Psychiatry, Imperial College London

Dr Mike Lucey

Consultant in Palliative Medicine, Milford Care Centre, Limerick

Dr Peter May

Senior Lecturer in Health Economics, Cicely Saunders Institute, Kings College London

Prof Paul Paes

Director of Medical Studies / Professor of Education & Palliative Care, Newcastle University

Dr Jenny Power

Clinical Lecturer in Palliative Medicine, University College Dublin/Our Lady's Hospice Dublin

Dr Amy Taylor

Clinical Research Fellow in Palliative Medicine, Trinity College Dublin/Our Lady's Hospice Dublin

Ms Jo Thompson

Nurse Consultant in Supportive & Palliative Care, Royal Surrey County Hospital, Guildford

Prof Riccardo Torta

Professor of Clinical Psychology, University of Turin

## **Further Information**

### **Registration fee**

- ❖ Early bird rate: €440 (until 31<sup>st</sup> July 2024)
- ❖ Standard rate: €495
- ❖ 4 for 3 offer available on request

The registration fee includes all refreshments, and access to course materials (lectures, reading / reference list).

### **Cancellations**

Cancellations up to 4 weeks before the conference will incur a €25 administration fee: thereafter no refunds will be given, although substitution of delegates will be allowed.

### **Continuing Professional Development**

CPD approval is being sought from the Royal College of Physicians of Ireland and from Nursing and Midwifery Board Ireland.

### **Registration**

For registration/further information see the course website page:

<https://olh.ie/education-research/dublin-advanced-pain-symptom-management-course/>

Alternatively contact Gemma O’Keeffe on:

(01) 498 6235  
[gokeeffe@olh.ie](mailto:gokeeffe@olh.ie)

**Spaces on the course are limited and so early registration is recommended**